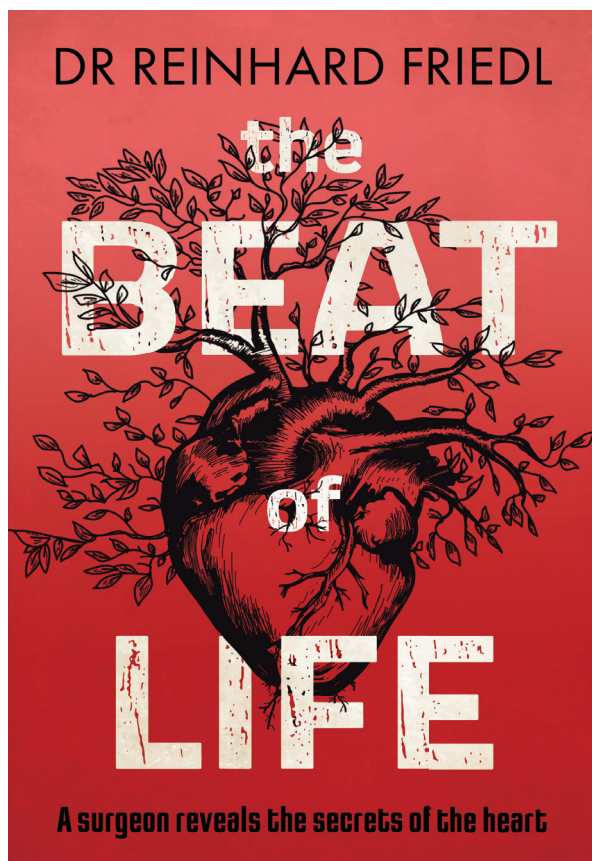


THE BEAT OF LIFE

1 March 2021

A SURGEON REVEALS THE SECRETS OF THE HEART

DR REINHARD FRIEDL



The heart is our most important – and perhaps most mysterious – organ. Every day it pumps 9000 litres of blood and beats around 100,000 times. But the heart is more than just a pump. In all major human cultures, it is seen as the source of love, sympathy, joy, courage, strength and wisdom. Why is this so?

Having witnessed the extraordinary complexity and unpredictability of human hearts in the operating theatre – each one individual in its make-up, like a fingerprint – heart surgeon Reinhard Friedl went on a search for answers. He examined closely the latest findings in neurocardiology and psychocardiology, and in *The Beat of Life* he shares his discoveries, using riveting personal stories to illustrate the complex relationship between the heart, the brain and the psyche.

ISBN (Hardback): 9781800316058

ISBN (Ebook): 9781800316065

Price: £14.99 (Hardback), £9.99 (Ebook)

Extent: 320 pages

Format: 153 x 234mm

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Genre: Popular science / Cardiology / Heart surgery

Key Selling Points:

- An accessible, informative read about the latest research in cardiology, written by an eminent heart surgeon
- Will benefit from the current trend in popular science books about the human body

Comparison Title:

Gut by Giulia Enders and *The Brain That Changes Itself* by Norman Doidge

Author:

Dr Reinhard Friedl is an eminent German surgeon who has held thousands of hearts in his hands. He has operated on premature babies and repaired the heart valves of the very old, implanted artificial heart turbines and stitched up stabbing wounds to the heart.

